Degree in Choreography and Interpretation of Classical Dance. Master in Performing Arts. University Expert in Physical Education.

- English: currently studying C1

- Russian: currently studying A2

- Italian: basic (Without certification)

Belen made her début at the age of 15 with the Víctor Ullate Ballet; Víctor Ullate ha has been her teacher since childhood. Among the teachers who contributed to her training and career, we must underline Carmen Roche and Carmina Ocaña, in Spain, as very influential and inspiring. In New York she studied mainly at Martha Grahan and David Howard schools, although she took classes from different disciplines with great teachers, such as Hector Zaraspe, Peter Schabel and others. During her training at the Victor Ullate Dance Center she was also able to learn from teachers such as Haidee Caicho, Irina Milovan, Jorge Christoff, Antonia Martínez (Spanish dance), Teresa Nieto, Eduard Cook, and Hanna Samson (contemporary dance) among many others. Belen consolidated her training in London, Paris and Italy. In Madrid, she continued to feed her curiosity by attending the courses of the Association of Dance Professionals since its creation, courses conducted by great masters of ballet, jazz, contemporary dancing and ballroom dancing. She also attended different schools: Carmen Senra (Christine Tanguay, Carl Paris, Ángela Rodriguez), María de Avila (María de Avila, Lola de Avila, Ana Baselga), etc.

With the change in educational law, she decided to take the entrance examinations in order to study the other specialty of the degree: Classical Dance Pedagogy. Belen completed the second year of the program of studies.

Full of a restless spirit, she goes where she finds contents, studies and education that interest her. Due to that fact, she completed the Master in Dance (Alicia Alonso Professorship) at the Complutense University of Madrid; sampled the degrees of History and Political Science at the UNED, where she was awarded the title of University Expert in Physical Education. Belen also completed the studies of the Dance Therapy course at the University of Alcalá de Henares; and the Official Master in Performing Arts at the King Juan Carlos University. Belen took a multitude of courses, studies and workshops on different subjects: music and movement, anatomy and biomechanics applied to dance, physical training, ballroom dancing, ashtanga yoga, kundalini yoga, hatha yoga, harmonic singing, Noesitherapy with Doctor Escudero, meditation, orthophony and interpretation, sports psychology, sales techniques, musical language and piano with Mercedes Aguilar, pedagogy, Thalassotherapy and marine hydrology with Doctor Angel Gracia, and many more being almost impossible to summarize here. Belen also has ten years of experience with Gestalt therapy that along with her education, consolidate her natural teaching and research vocation.

After her returning to Spain, she danced in different Spanish dancing companies among which must be underlined Ventura Dance Company and Larumbe Dance. Belen managed to subsist exclusively from her profession, a task that is not easy in a country with little job offers regarding dance professionals, so she made different appearances on television, cabaret, alternative theater with her own shows, choreography for events, etc. She managed and directed festivals wherever she was hired for and also taught in a large number of schools, among which must be highlighted Dolores Muñoz School in Cuenca and Chorea & Rithmus in Toledo. Belen appeared in some film productions and also worked on “Radio Voz”, hosting a show in the program "The Great Adventure", directed by Javier de Diego. After that, she directed and hosted the radio program "I'm dancing" with Félix Bernet on Radio Chueca. Belen opened and ran her own dance school for ten years, a project that led her to other business initiatives.

Later on she joined the teaching staff of the Conservatories of Dance of Castilla La Mancha as an interim teacher for two years at the Professional Conservatory of Dance José Granero. She voluntarily resigned from the position in search of new motivations. Thus, in 2010, she joined the teaching staff of SCAENA Carmen Roche, and between 2012 and 2015 he taught at Madrid Dance Center.

In recent years, she directed and hosted the radio program “El Baile de la Sirena” and “Combining Art and Consciousness” for Science and Spirit. Belen has actively collaborated in projects for the diffusion of alternative visions, some forgotten, in various fields of knowledge and social action.  As of 2016, she settled in a town on the Mediterranean coast with the intention of taking a sabbatical to concentrate on her doctoral thesis, although she sporadically continues to teach courses in Spain and the United Kingdom.  Since 2018 she works as a freelance teacher in a training center and started learning Russian language, also certifying her level of English. Without abandoning her status of eternal student, she spends her time reading the Perennial Tradition, classical philosophy and everything that is capable of satisfying her desire for knowledge and her curious nature.  In mid-2019, the director of the Tribuna Editorial Group of Spain -Josele Sánchez-, proposed to her that she host a radio program at his new radio station “La Tribuna Radio”; the project that Belen accepted and decided to host was "Por goyescas a Covadonga". [Click here for the introduction]. The collaboration with La Tribuna lasted only one program and Belen decided to continue with the project on her own.  She currently continues teaching where she is required as a freelance teacher and contributing more modestly, to her own channels on YouTube, BlogSpot, and Telegram, with good, truth, and beauty.